

2024 NEO Aging & disABILITY Summit

30 Years: Looking Back and Moving Forward



Friday, September 27
8:30 am - 4:30 pm
Cleveland Marriott East

Presented by:



Cuyahoga County
Department of Health and Human Services
Division of Senior and Adult Services





ABOUT THE SUMMIT

The Northeast Ohio Aging and Disability Summit is an annual professional development and networking experience co-convened by the Cuyahoga County Division of Senior and Adult Services (DSAS), The MetroHealth System, and the Western Reserve Area Agency on Aging (WRAAA). Over the years, this event has attracted hundreds of professionals who work on behalf of older adults and adults with disabilities. The overall objectives of the Summit are:

- 1) To identify** discuss and disseminate timely and relevant information on specific issues that impact older adults, caregivers, and providers;
 - 2) To foster** a greater understanding of aging and disabled adult populations and the resources available to support them; and
 - 3) To increase** and improve communication, collaboration, and networking among professionals, volunteers, and advocates of older adults and adults with disabilities.
- The theme of this year's Summit is: **"30 Years: Looking Back and Moving Forward."**



AWARDS



Barbara S. Galloway Award
Cuyahoga County Division of Senior and Adult Services

The Barbara S. Galloway Award honors the legacy and community leadership of a pioneer in the field of aging. This award recognizes the significant contributions to the aging network.

2024 Award Recipient:
Donna Smallwood Center (Parma Senior Center)
Erin Lally, Director



Candace L. Carmichael Award
The MetroHealth System

The Candace L. Carmichael Award honors the legacy and leadership of a pioneer in the field of aging. In her memory, this award recognizes meritorious and innovative service to older adults in Cuyahoga County.

2024 Award Recipient:
James Campbell, M.D.
Chairman, Geriatrics, Senior Health and Wellness Center



Ronald Hill Mentor in Aging Award
Western Reserve Area Agency on Aging

The Ronald Hill Mentor in Aging Award honors the rich legacy of cultivating and nurturing professionals in the field of gerontology and aging services. This award recognizes the insight and tenacity to train, mentor and coach early and mid-career professionals in services to older adults and persons with disabilities.

2024 Award Recipient:
Elaine Gohlstin
Executive Director, Harvard Community Services Center



Pictured above: Ronald Hill, Barbara S. Galloway and Candace Carmichael

ACKNOWLEDGMENTS



Chris Ronayne
Cuyahoga County Executive



Natasha Pietrocola
M.Ed, MBA
Director
Cuyahoga County Division of Senior
and Adult Services



Christine Alexander-Rager
M.D.
Acting President and CEO
The MetroHealth System



E. Douglas Beach, Ph.D.
Chief Executive Officer
Western Reserve Area
Agency on Aging

ACKNOWLEDGMENTS

This Summit was planned by the Education and Resource Development Committee (**ERD**) of the Advisory Board of the Cuyahoga County Division of Senior and Adult Services (**DSAS**), The MetroHealth System and Western Reserve Area Agency on Aging (**WRAAA**).

ERD Co-Chairs

Cheryl Bradas*, The MetroHealth System

The Honorable Kimberly Thomas*, Mayor, Richmond Hts., Ohio

Summit Planning Committee Co-Chairs

Denise Rucker-Burton, Cuyahoga County Division of Senior and Adult Services

Steven R. Ostrolencki Jr, The MetroHealth System

Fatima Perkins, Western Reserve Area Agency on Aging

Summit Planning Committee Members

Marsha Mitchell Blanks, Blanks Training and Consulting

Victoria Bowden, The MetroHealth System

Yvonne Brown, Cuyahoga County Division of Senior and Adult Services

Ricquetta Carpenter, Western Reserve Area Agency on Aging

Danielle Clay, Western Reserve Area Agency on Aging

Maridell Couture, Cuyahoga County Division of Senior and Adult Services

Bill Hebble*, ADAMHS Board of Cuyahoga County

Lester Holmes, Cuyahoga County Health and Human Services

Janet Keeler*, Cuyahoga County Board of Developmental Disabilities

Patricia Newell, Cuyahoga County Division of Senior and Adult Services

Lee Ann O'Brien, McGregor

Brenda Payne-Riley, Cuyahoga County HHS Office of Professional Development

Catherine Rush*, Senior and Disability Advocate

Tanesha Washington, Cuyahoga County Health and Human Services

Crysta Willis, Western Reserve Area Agency on Aging

**Members of the Advisory Board for Cuyahoga County Division of Senior and Adult Services*

Thank You to our 2024 NEO Aging and disABILITY Summit Event Planner

The City of Richmond Heights, Ohio
Office of the Mayor



Proclamation

In recognition of the 2024 Northeast Ohio Aging & disABILITY Summit

WHEREAS, the Education and Resource Development Committee is a committee of the Cuyahoga County Division of Senior and Adult Services Advisory Board; and,

WHEREAS, the Education and Resource Development Committee plans, coordinates, and executes the annual Aging and disABILITY Summit, emphasizing national and local expertise on the most pressing issues facing professionals caring for the multi-faceted needs of the aging and disability population in Cuyahoga County; and,

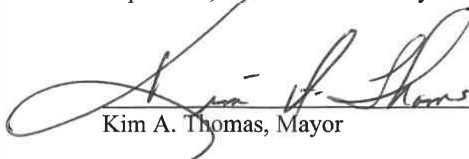
WHEREAS, the Cuyahoga County Division of Senior and Adult Services, in partnership with The MetroHealth System and Western Reserve Area Agency on Aging, continues to educate and empower Northeast Ohio professionals in the fields of gerontology and disability with this year's theme of 30 Years "Looking back and Moving forward", and,

WHEREAS, the keynote speaker is Dr. James Campbell, Director of the Geriatric Center, The MetroHealth System Professor of Family Medicine, Case Western Reserve University and Emmy award-winning journalist Ben Holbert as the emcee.; and,

WHEREAS, professionals in the fields of gerontology and disability will be exposed to best practices and cutting-edge ideas and will be eligible to receive Continuing Education Credits for participation in the Summit.

NOW, THEREFORE BE IT RESOLVED, that I, Kimberly Thomas, Mayor of the City of Richmond Heights, member of the Cuyahoga County Division of Senior and Adult Services Advisory Board, and Co-Chairperson of the Education and Resource Development Committee, do hereby recognize and congratulate the Cuyahoga County Division of Senior and Adult Services, MetroHealth System and Western Reserve Area Agency on Aging on this multi-county professional development and networking event.

IN WITNESS WHEREOF, I hereunto set my hand and cause to be affixed the official seal of the City of Richmond Heights, Ohio, this twenty-seventh day of September, two thousand twenty-four



Kim A. Thomas, Mayor

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SCHEDULE

7:30 am - 8:30 am

Registration and Breakfast

8:30 am - 9:00 am

Welcome Remarks:

Chris Ronayne, Cuyahoga County Executive

Natasha Pietrocola, Director, Division of Senior and Adult Services

Dr. Christine Alexander-Rager, Acting President and CEO, The MetroHealth System

E. Douglas Beach, Ph.D., CEO, Western Reserve Area Agency on Aging

9:00 am - 10:15 am

Keynote Address: The Evolving Care of Older Adults: Looking Back and Moving Forward

James Campbell, M.D., Chairman, Geriatrics, Senior Health and Wellness Center, The MetroHealth System and Professor of Family Medicine, Case Western Reserve University

Session Description:

This presentation will explore the care of older adults from the perspective of a provider with almost four decades of experience in the care of older adults. This session will provide an understanding of how the social and clinical care of the older adult has changed from the unique perspective of a tenured, mature provider. Dr. Campbell has provided medical leadership in the field of Geriatrics and with this expertise, the presentation will explore the future of geriatric care, and a vision for the next 10 years.

Learning Objectives:

1. Verbalize the advancements made in disease prevention and treatment of older adults over the past few decades.
2. Describe implications for caring for older adults as we move into the next decade.
3. Discuss implications for those working in the older adult community regarding advocacy and providing accountable care.

SCHEDULE

10:15 am - 10:30 am

Break

10:30 am - 11:45 am

Presentation: Cleveland's Public Health

David Margolius, M.D., Director of Public Health, City of Cleveland

Session Description:

This workshop will review critical public health challenges contributing to premature death and disability in Cleveland. Attendees will explore evidence-based solutions and strategies that have been implemented to address these issues. The session will highlight successful interventions and ongoing efforts to improve community health outcomes.

Learning Objectives:

1. Recognize root causes of premature death and disability in Cleveland.
 2. Identify public health interventions and policy solutions to improve public health in Cleveland.
-

11:45 am - 12:00 pm

Break

12:00 pm - 12:30 pm

Plated Lunch is served

Awards Ceremony

Barbara S. Galloway Award – The Cuyahoga County Division of Senior and Adult Services

Candace L. Carmichael Award - The MetroHealth System

Ronald Hill Mentor in Aging Award – Western Reserve Area Agency on Aging

SCHEDULE

12:30 pm - 1:15 pm

Michael Roizen, M.D., Wellness and Preventive Medicine, Cleveland Clinic Foundation

Session Description:

We are in the midst of an extraordinary biological and societal revolution that is affecting human lifespan as we know it today. Will you decide to change with the times? Will you prepare to stay younger longer by extending the good years? Will you help society change?

Learning Objectives:

1. Understand why 90 is likely to be the new 40.
 2. Adopt behaviors that change outcomes so you will live younger longer.
 3. Educate your associates, friends, and family about the benefits of longevity.
 4. Think about and start to discuss/plan for the probable demographic & economic shifts.
-

1:15 pm - 2:15 pm

Patient Autonomy, Public Safety and Drivers with Cognitive Decline

Sharona Hoffman, J.D, LL.M, S.J.D, Professor of Law & Bioethics, Case Western Reserve University School of Law

Session Description:

For the elderly, driving cessation may result in significant erosion of their quality of life because it can lead to loss of autonomy, opportunities to socialize, and sense of purpose and connection to one's community. At the same time, drivers with dementia can cause grave harm to themselves and others. This piece argues that the burden of identifying and managing unsafe drivers with dementia should not be left to families. Instead, the matter requires legal and medical intervention. According to the Federal Highway Administration, approximately 32.5 million individuals in the age group of 70 and older had licenses in 2021, including more than four million who were 85 and older.

Learning Objectives:

1. Strategies to identify people whose driving raises concerns.
2. Strategies to approach conversations with loved ones about limiting or discontinuing driving.
3. How state laws address drivers with cognitive decline and the gaps they leave.
4. How doctors address concerns about driving and how they might improve handling of this matter.

SCHEDULE

2:15 pm - 2:30 pm

Break

2:30 pm - 3:30 pm

The Effects of Aging with a Developmental Disability: Advances in Resources and Technology for Independence

Lori Mago, Director, Assistive Technology and Children's Services Division, Cuyahoga County Board of Developmental Disabilities (CCBDD)

Alison Rivera, MS, CCC-SLP Speech Language Pathologist, CCBDD

Anne Marie Trepanier, PT MPH Physical Therapist, CCBDD

Julia Wolff, M.Ed, Assistive Technology Specialist, CCBDD

Session Description:

This panel presentation will provide an overview of advances in medicine, technology, and public policy over the past 30 yrs. which have had a positive impact on the lives of individuals with developmental disabilities (DD). Information will be shared regarding the unique challenges faced by individuals with DD as they age. Strategies will be explored to optimize independence and quality of life throughout the aging process. Panelists will review specific examples of assistive technology and adapted equipment to optimize independence and community participation. Needs for continued advances will also be highlighted.

Learning Objectives:

1. Understand major influences encountered by those with developmental disabilities (DD) and how these issues impact the aging process.
2. Discuss how advances in medical care over the past 30 yrs. has impacted health outcomes for individuals with DD.
3. Review how the development of resources and assistive technology have improved the quality of life and independence among individuals with DD.
4. Describe how public policy and legislation over the past 30 yrs. has advanced opportunities for integration of individuals with DD in the community throughout the lifespan.

SCHEDULE

3:30 pm - 4:30 pm

Aging in the Context of Cardiovascular Disease! Living Well, Long, and Strong

Carolyn Harmon Still, PhD, RN, CNP, MSM, AGPCNP-BC, Associate Professor, The Kate Hanna Harvey Professor of Community Health Nursing, Frances Payne Bolton School of Nursing

Session Description:

Cardiovascular disease (CVD) and health-related factors are experienced disproportionately throughout the U.S. and differ vastly based on race/ethnicity, age, social determinants of health, and geographical location. CVD complications are further perpetuated by multilevel systemic and structural barriers that affect an individual's CVD health and influence inequities in CVD prevention, care, and management. However, less attention has been placed on developing scalable and sustainable approaches to enhance CVD health equality. As such, identifying effective strategies and interventions to address CVD disparities are warranted. Furthermore, directing research toward CVD health equity will require intentional strategic approaches that include multisector community partnerships, education, research, and the development of policies from a health equity lens. Developing and implementing effective programs that can be sustained in diverse and under-resourced clinical and community settings where CVD abounds.

Learning Objectives:

1. Discuss the role of health disparities and health inequities and how they function and influence cardiovascular health and outcomes.
2. Describe the changing prevalence and challenges of aging with hypertension in the United States.
3. Describe how to focus on cardiovascular health and well-being.

4:30 pm

Evaluation and Adjourn

Our Summit Master of Ceremonies

Event Host Ben Holbert Media Personality



Ben Holbert is a dynamic communications professional with more than four decades of experience in media, community engagement, and public service. As a four-time Emmy-award-winning journalist and seasoned public speaker, his charismatic presence and expertise make him a sought after Master of Ceremonies.

Holbert's career includes roles as a news anchor and reporter for WKYC-NBC, WUAB-TV, WOIO-CBS, and WJMO Radio in Cleveland, OH. He has interviewed a wide range of notable figures, demonstrating his adeptness in media reporting. He also served as Interim Chief Communications Officer for the Cleveland Metropolitan School District, where he developed a crisis communication strategy and trained administrators in effective public speaking.

Currently, Holbert hosts the Cuyahoga East Chamber of Commerce's Regional Resource Podcast Series, utilizing his extensive media skills to create engaging and informative episodes.

Holbert's leadership extends to his role as Communications Director for Omega Psi Phi Fraternity, Inc., where he managed large-scale communications initiatives. His dedication to community service is evident through his various leadership roles, including Marketing Chair for the JD Breast Cancer Foundation and Parliamentarian for the National Association of Black Journalists – Greater Cleveland Chapter.

Holbert holds a Bachelor of Arts in Communications from Kent State University and an MBA from the University of Phoenix, where he was inducted into the Delta Mu Delta International Honor Society. He has delivered commencement addresses at both institutions and authored "Atonement: The Million Man March."

Benjamin I. Holbert III's extensive experience, charismatic presence, and dedication to community service ensure he elevates any event to a memorable occasion.

ABOUT THE PRESENTERS

Dr. James Campbell



Dr. Campbell is the Chairman of Geriatrics at the Senior Health and Wellness Center, and a Professor of Family Medicine at Case Western Reserve University. James is also the medical director of Jennings Center for Older Adults. He has published articles and books as well as numerous research projects in the areas of substance abuse in elders, physician's home care, the impact of social support on mortality and care of the geriatric trauma patient. Dr. Campbell was chosen by the Hartford Foundation as one of 11 future national leaders in geriatrics. In 2006, he was honored by Menorah Park Center with the prestigious Dr. Arnold L. Heller Memorial Award. In 2010, he completed a two-year national leadership program, The Practice Change Fellows Leaders in Geriatric Care. Most recently, Dr. Campbell has spearheaded the development of the Senior Health & Wellness Center at the MetroHealth Old Brooklyn Campus. The center has been recognized as a national model of senior health care delivery.

Dr. David Margolius



Dr. David Margolius is the Director of Public Health, City of Cleveland. On August 1, 2022, David took the oath of office as the city's first physician Public Health Director in over 40 years. Dave was born in Cleveland and raised in Shaker Heights. For the 7 years prior to joining the City of Cleveland, he worked at MetroHealth System as a Primary Care Physician and held a number of leadership positions including Division Director of Internal Medicine. Dr. Margolius holds an MD from Alpert Medical School at Brown University and a BA in biology from Brown. He completed his residency in internal medicine at University of California, San Francisco and served as Chief Resident of Quality Improvement and Patient Safety before returning to Cleveland. He lives with his wife and two children in the Old Brooklyn neighborhood of Cleveland. Dr. Margolius' vision for Cleveland's Department of Public Health is for it to become the most responsive, most trusted, most impactful health department in the country.

— ABOUT THE PRESENTERS

Dr. Michael Roizen



Dr. Michael Roizen served as Cleveland Clinic's first Chief Wellness Officer from 2007 to 2019 and was the founding Chair of its Wellness Institute. His leadership in wellness programs saved the Clinic over \$1.25 billion over 11 years for its 101,000 employees and dependents, compared to national averages. Dr. Roizen, a Phi Beta Kappa graduate of Williams College and an AOA graduate from UCSF School of Medicine, now serves as Chief Wellness Officer Emeritus at Cleveland Clinic. He has published over 195 peer-reviewed articles, served 16 years on FDA advisory committees, been a member of an NIH study section, and is a professor at the Cleveland Clinic Lerner College of Medicine. Dr. Roizen has received an Emmy, an Elle, and the Paul Rogers Best Medical Communicator Award from the National Library of Medicine. He authored nine Top 10 and four #1 New York Times bestsellers and developed the RealAge concept.

Sharona Hoffman



Sharona Hoffman is the Edgar A. Hahn Professor of Law, Professor of Bioethics, and Co-Director of the Law-Medicine Center at Case Western Reserve University (CWRU). Professor Hoffman received her B.A. from Wellesley College, her J.D. from Harvard Law School, an LL.M. in health law from the University of Houston, and an S.J.D. in health law from Case Western Reserve University School of Law. She has written over seventy journal articles on health law and civil rights topics, Professor. Hoffman is also the author of two books: *Aging with a Plan: How a Little Thought Today Can Vastly Improve Your Tomorrow, Second Edition* (First Hill Books 2022) and *Electronic Health Records and Medical Big Data: Law and Policy* (Cambridge University Press 2016). Dr. Hoffman has lectured throughout the United States and internationally and has been widely quoted in the press. She is an elected member of the American Law Institute. For more information see her website <http://sharonahoffman.com/>.

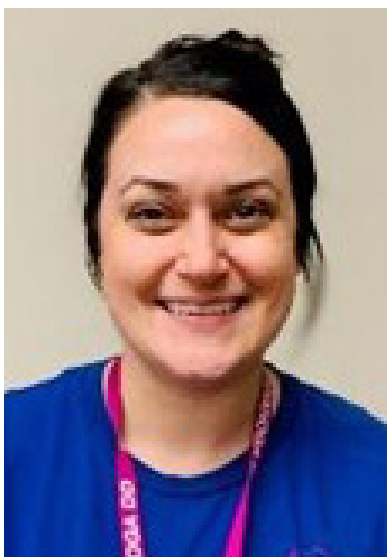
ABOUT THE PRESENTERS

Lori Mago



Lori Mago is the Director of Assistive Technology and Children's Services for the Cuyahoga County Board of Developmental Disabilities. As a professional in the field for over 20 years, Lori has worked in a variety of leadership roles for community agencies that provide services and support to some of our most vulnerable citizens. Professional strengths center on systems change, outcome measurement and finding innovative solutions to complex needs of people served. Lori holds a Bachelor's Degree in Psychology and a Master's Degree in Public Administration from Cleveland State University.

Alison Rivera



Alison Rivera, MA, CCC-SLP is a licensed Speech- Language Pathologist who attended Case Western Reserve University to earn her Bachelor of Arts degrees in Communication Sciences and Psychology and her Master of Arts Degree in Communication Disorders. She has 12 years of experience working with the adult and geriatric population as well as individuals with disabilities in various settings. Ali has been in her current role at the Cuyahoga County Board of Developmental Disabilities since 2022.

ABOUT THE PRESENTERS

Anne Marie Trepanier



Anne Marie Trepanier, PT, MPH has worked with individuals with developmental disabilities throughout the lifespan in a variety of settings. Anne Marie earned her BS in PT at The Ohio State University and a Master in Public Health from the University of North Carolina at Chapel Hill. Anne Marie has worked with families of children with disabilities through a program with the US Peace Corps as well as on a grant project in rural Western North Carolina. Over the past 25 years, Anne Marie has worked with the Cuyahoga County Board of Developmental Disabilities supporting school age children and adults with developmental disabilities to optimize their independence and involvement in the community.

Julia Wolff



Julia Wolff graduated from Kent State University with a B.A. in Special Education- Multiple Handicaps in December of 1988. She was hired by CCBDD in January of 1989, originally as a substitute instructor. From 1989 - 1996, Julia was a classroom instructor at Green Road Developmental Center. During that time, she received her Masters in Education – Special Education. In 1996, Julia became a satellite teacher in Garfield Heights, which is where she taught until beginning her current position as Assistive Technology Specialist in August of 2007. In this position, she provides support to individuals of all age levels, and within all ranges of functioning, both within our agency and in the community. She has presented numerous in-services on computer access, adaptability of programs for students with special needs, and the various aspects of the Assistive Technology Specialist job.

ABOUT THE PRESENTERS

Dr. Carolyn Harmon Still



Dr. Carolyn Harmon Still is an Associate Professor and holds the Kate Hanna Harvey Professor of Community Health Nursing Endowed Chair at the Frances Payne Bolton, School of Nursing at Case Western Reserve University (CWRU). She also serves as the Director of the Inaugural Center for the Advancement of Community-Engaged Innovation in Health Equity (CACHE) at CWRU. She received her Bachelor's and Master's degrees in nursing from Florida A&M University and completed her PhD and Business degrees at CWRU. Dr. Still has conducted research over the last 20 years and her research expertise includes hypertension clinical trials in older populations, psychosocial assessment, and management of chronic diseases in older adults, and recruitment and retention of minorities in clinical trials. She is board certified, as an Adult /Geriatric Primary Care Nurse Practitioner.

As a clinician and nurse scientist, Dr. Still's current work focuses on the intersection of health disparities and health equity in cardiovascular health and outcomes clinical trials. Dr. Still is the principal investigator of several NIH funded grants, amassing approximately \$25 million focused on improving the health of minorities with cardiovascular disease. She is passionate about improving overall quality of life for African Americans, especially older adults living with hypertension and stroke. She has led efforts to build research capacity in minority communities in underserved areas. Bridging the gap between healthcare and clinical research. She currently serves in various leadership roles and board member on several local, regional, and national nursing and committees, including the President of the Cleveland Council of Black Nurses.

On personal note Dr. Still is happily married, for 14 years, with two adorable kids, Olivia and Owen. In her spare time she relaxes with her family, and enjoys being a soccer mom. She spends her time volunteering in the community she is a member of Jack and Jill of American, Incorporated-Cleveland Chapter and several other community organizations.

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📞 216.696.2716

🌐 www.leapinfo.org

✉ leapinfo@leapinfo.org

📍 2545 Lorain Avenue, Cleveland, OH 44113



Do you need accessible transportation?

Everyone deserves access to reliable transportation, regardless of age, disability, or veteran status.

Reach out to **NOACA** for more information on transportation options that enhance mobility for seniors and individuals with disabilities.

🌐 NOACA.org

📞 216-241-2414



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Right at Home is a global network where most offices are independently owned and operated under a franchise agreement with Right at Home, LLC.



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800.707.8922 | hospicewr.org



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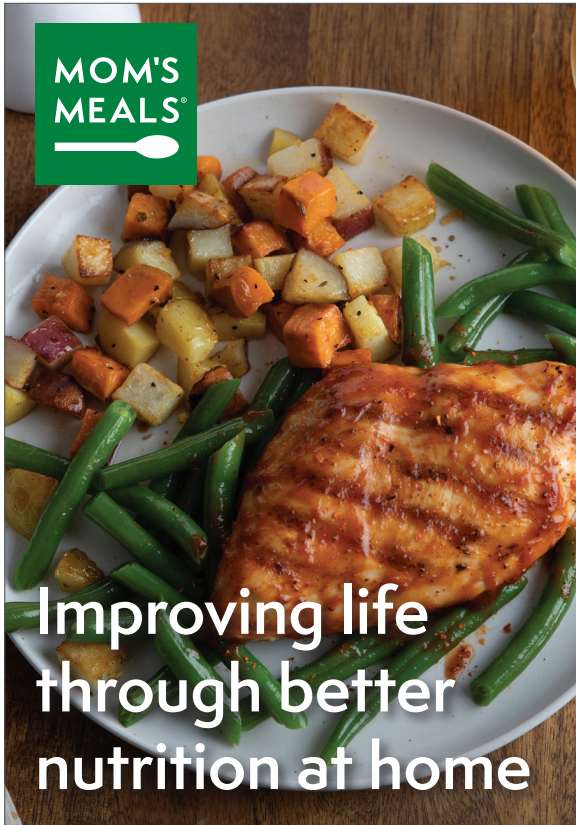
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 Tel: 330.666.7373

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 Maple Heights, OH 44137
 Tel: 216.662.3343



phxhealthohio.com




Fight Back Against Medical Identity Theft

Supported by the ACL, Dept of Health & Human Services (HHS) as part of a financial assistance award totaling \$967,420 with 100% funding by ACL/HHS.

- Have you received back braces in the mail that you didn't order?
- Has a caller asked you to verify your Medicare number?
- Did you order a new plastic Medicare card?

**These are scams designed to
get your personal information.**

Contact us if this has
happened to you.


800-293-4767
proseniors.org/ohio-smp



SMP

Senior Medicare Patrol
Preventing Medicare Fraud


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Over 60?

Struggling to meet basic needs?

You may be eligible for public benefits you are not receiving!




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	Your income must be below the listed amount to qualify for the program known as food stamps.	Your income must be below the listed amount to qualify for free food from our Market and network of partners.
HOUSEHOLD SIZE	MONTHLY INCOME	MONTHLY INCOME
1	\$2,005	\$2,510
2	\$2,712	\$3,407
3	\$3,419	\$4,304
4	\$4,125	\$5,200
Each Additional Member	+\$707	+\$897
	Effective 10/01/2023-09/30/2024	Effective 07/01/2024-06/30/2025


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meals.NWO@simplyez.com

SimplyEz HDM of Northeast Ohio, LLC

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Akron, OH 44308

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Email
akron@simplyez.com

SimplyEz of Columbus, Ltd.

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3593 Interchange Road
Columbus, OH 43204

Toll free	Local	Fax
877-896-3261	614-308-1844	614-278-9728

Email
columbus@simplyez.com



Typical Nurse/Nurse Aid to Patient Ratio
1 to 20

Our Proposal

1 to 8

(Based on Acuity)



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NOTES

Multiple horizontal lines for writing notes.



Cuyahoga County

Department of Health and Human Services
Division of Senior and Adult Services

13815 Kinsman Road
Cleveland, OH 44120
216-420-6750
dsas.cuyahogacounty.gov



MetroHealth

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2500 MetroHealth Drive
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216-778-7800
metrohealth.org



Western Reserve

Area Agency on Aging

1700 East 13th Street, Suite 114
Cleveland, OH 44114
800-626-7277
areaagingsolutions.org