



## Public Benefits 101: Food, Cash, and Medical Assistance

### Medical:

Medicaid provides comprehensive medical care at little or no cost to children, families, and other qualifying adults. Eligibility is determined by gross monthly income, household composition and family size.

### Food Assistance:

Supplemental Nutrition Assistance Program or SNAP provides money monthly to purchase food for you and your household. Eligibility is determined by federal guidelines. Participants in SNAP can also benefit from educational, training and employment programs. Some of these programs are mandatory when receiving food assistance.

### Cash:

Ohio Works First (OWF) offers limited cash assistance and employment services to families. Participants have minor children in the home and are required to work toward full-time employment and economic self-sufficiency. Eligibility is determined by household income and by the number of people in the family.

### Child Care:

The Child Care Assistance program helps pay a portion of monthly child care expenses. Eligibility is based on income and household size.

### Prevention, Retention & Contingency:

PRC provides aid and services, due to unexpected emergencies. Eligibility categories include assistance with employment, shelter, establishing a household, and families impacted by natural disasters. Other eligibility requirements include income and resources. The assistance is capped at \$1,500 annually.

## Four ways to apply

### [www.benefits.ohio.gov](http://www.benefits.ohio.gov)

Online is the easiest and most efficient way to apply. Available 24/7

### (844) 640-OHIO (6446)

The Contact Center allows for real-time eligibility and case changes M-F 8:00 am to 4:00 pm

### Local Libraries

Trained Public Benefit Community Navigators are available to help you apply online, over the phone, or via fax at Cuyahoga County, Cleveland Public, and Shaker Heights Public Libraries

### Cuyahoga Job and Family Services Locations

Submit a paper application at one of four locations, M-F 9:00 am to 4:00 pm

# SNAP Eligibility

## Requirements

Gross Income below 130%\* of the federal poverty level, household residency, age, disability and other specific qualifications.

# Work Requirements

**All Able-Bodied Adults without Dependents (ABAWDs) are assigned Education and Training (E&T) Activities through the SNAP to Skills department.**

**SNAP to Skills** is a federally mandated program designed to help work eligible individuals find stable employment.

Ages **18-52** must meet weekly/monthly work requirement, referred to **SNAP to Skills** program. Ages **53-59**, considered a Work Registrant, referred to Ohio Means Jobs & other services.

# Employment Services and Supports

Participants can receive assistance in the following areas:

- Employment applications
- Resume writing
- Interviewing skills
- Job search activities
- Literacy & adult basic education
- Short-term vocational or technical training
- Job placement services

# Workforce Opportunity Resource Center

A resource center for unemployed and underemployed Cuyahoga County residents offering free education services, occupational training and supportive services, such as financial literacy and career counseling.

Community partners provide integrated case management, increased accessibility to services, and focused training and classes to help job seekers become career seekers.

**Hours of Operation: Monday through Friday • 8:30 AM to 4:00 PM**  
**WORC Information Line: (216) 987-6578**

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This institution is an equal opportunity provider. Visit <https://www.fns.usda.gov/cr/fns-nondiscrimination-statement>. Cuyahoga Job and Family Services provides access to an interpreter at no charge to customers who are limited – English proficient and individuals with impaired vision and/or hearing.